

We Run the Night 2021 Race Briefing...

Please read all the below, prior to arriving in the start area on Saturday.

The Correct Side of the Road

- At 6.00pm our lead scooter will lead you from the reserve to the correct side of the road. You are on the correct side of the road if you are always moving in an anticlockwise direction on this event course.
- Please always position yourself on the correct side of the road as close to the middle of the road as possible.
- Please treat all roads as OPEN TO TRAFFIC and expect some vehicles.

Turn Points, Laps, & Course Cut-Off's

- After approx. 2.4km there will be a clearly marked 5KM & 10KM TURN POINT where all 5km & 10km entrants must turn.
- Half Marathon entrants continue a further 140m to a clearly marked HALF MARATHON TURN POINT.
- Back near the start area will be a clearly marked ALL ENTRANTS TURN POINT where all entrants must turn. (After turning here, you are less than 100m from completing one of your laps and being at a SPLIT POINT)
- At the SPLIT POINT, 5km entrants must turn into the FINISH area, while 10km and 21km entrants must stay on Marine Parade and begin their NEXT LAP.
- The second time 10km entrants reach the split point, they must turn to FINISH.
- The fourth time 21km entrants reach the split point, they must turn to FINISH.
- It is the entrant's responsibility to turn into the finish area only when they have completed the required number of laps. Should you run an alternate number of laps or withdraw from the event, the timing tent in the finish area must be notified asap.
- Entrants will not be able to begin a new lap after 8.30pm. Event crew will communicate this to all affected entrants.

General / Medical

- Please ensure your race number (with transponder on the back) is on your front and your race number is kept visible over your top layer throughout the event.
- Please begin the event, well hydrated. On each lap, entrants will pass two aid stations with access to water, R-Line Electrolyte Drink & lollies.
- There are no kilometre markers on the event course.
- The event has an extensive communications plan and safety management plan in place. All events marshals can connect with our roving medics. Should you become injured or come across a bad injury our event marshals need to be notified as soon as possible. These event marshals can then spread the word quickly and send a medic in the correct direction. As well as on course medic support, the event has a medical base in the start/finish area. Tail-end marshals will follow the last entrant and work with our safety management team to ensure everyone is safely off course and accounted for.

See you in the start area inside Mt Drury Reserve by 5.45pm as we count down to the race start at 6.00pm.